

KINIKINIK STEAKHOUSE

SUMMER 2021 MENU

Welcome to Kinikinik. Situated on the Rafter 25 Ranch, this restaurant is an important link in the sustainable food chain. All of the meats we serve and sell are raised and harvested right here on the ranch; All of the eggs we serve and sell are collected by hand from our own flock of laying hens.

Our ranchers, butchers, chefs and servers work together to bring you clean, natural, nutritious food. We take pride in what we do and sincerely hope that you enjoy your visit.

Whatever we do not serve/sell here at Kinikinik is sent to our Whole Animal Butcher Shop in Vancouver where we supply a loyal and growing customer base with excellent meat and egg products. Our Vancouver Shop has been rated as Vancouver's Top Choice Butcher Shop three years in a row!



BREAKFAST

Enjoy fresh eggs from our hens, bacon and breakfast sausages made from our ranch raised pork and prepared by our skilled butchers with no nitrates or fillers. All vegetables are organic, jams and compotes made in house with local and organic fruits and artisan bread is sourdough made by hand.

BELGIAN WAFFLES 12

Two fresh baked Belgian waffles served with house made fruit compote, Canadian maple syrup & lemon-vanilla quark.

Add three strips of crispy bacon, 3

Add two eggs, any style, 4

RANCHER'S BREAKFAST 15

Two eggs, any style, three strips crispy bacon or three breakfast sausages served with classic Swiss style Roesti (a kind of hashbrown), buttered toast from artisan bread and house made jam.

Add three strips extra bacon, 3

Add an extra egg, 2

TRADITIONAL OATMEAL 6

Organic oats soaked overnight for optimal flavour cooked with grass-fed milk, served with Canadian maple syrup, cinnamon and house made fruit compote.

CONTINENTAL 4

Buttered toast from artisan bread served with house made jam.

Substitute gluten free bread, two slices, \$4

DANISH EGG PASTRY 10

Organic butter pastry filled with our fresh eggs, organic cream, grass-fed cheese and vegetables topped with a warm poached egg and house made pesto.

Add three strips crispy bacon, \$3

BUTTER CROISSANT 4

Freshly baked organic butter croissant served warm with organic butter and house made jam.

*available weekends only

BONE BROTH 4

Sometimes all it takes to have a great start to the day is a nutritious, warming boost. Bone broth is high in collagen and minerals, it is deeply hydrating and satisfying. We make ours in-house. Ask your server for today's offering.

CHOCOLATE CROISSANT 4

This classic Pan Au Chocolat is an organic butter pastry filled with organic dark chocolate. Baked fresh and served warm.

*available weekends only

LUNCH & DINNER

Enjoy our beef raised here on the ranch and dry aged to perfection; fresh eggs from our hens, sausages made from our ranch raised pork and prepared by our skilled butchers with no nitrates or fillers. All vegetables are organic, artisan bread is sourdough made by hand.

SOUP OF THE DAY 6 SM 9 LG

Made with organic ingredients and nutrient dense bone broth, soup is always the perfect simple meal served with some good buttered artisan bread.

*ask about vegetarian options

Substitute gluten free bread, one slice, 2

BRATWURST & ROESTI 15

The pork bratwurst is made next door at Chilcotin Harvest by our skilled butcher, no fillers are used in the making of the sausage, it is purely traditional. Grilled and served with organic potato roesti (Swiss hashbrown), European style mustard and today's vegetables.

LOW CARB. BURGER 19

Sometimes all it takes is a little something; this low carb. meal is light and delicious.

Juicy half pound 100% beef patty served with today's vegetables, cheese, bacon, caramelized onions, lettuce and sauteed mushrooms. Your choice of side.

RAFTER 25 STEAK & FRIES 25

Steak of the day, min. 10oz, prepared for you on our grill, served with fries and traditional French herb butter.. Your choice of two sides.

Grassfed steaks are best enjoyed rare to medium-rare but we are happy to prepare it how you like best.

BEEF 'NOODLES' 19

This style of beef 'noodles' is very popular in our Vancouver butcher shop. A half pound of our special beef noodles sauteed with garlic, leek and carrots and served with a rich, house made marinara sauce, topped with a soft poached egg and shaved parmesan.

KINIKINIK BURGER 19

Juicy half pound 100% beef patty on a buttered sourdough bun with cheese, bacon, caramelized onions, lettuce and sauteed mushrooms. Served with your choice of side.

GOURMET BEEF DIP 18

Shaved roast beef in a baguette with pickles, mayo and tomato, served with real house made beef jus for dipping.

Your choice of side.

ORIGINAL BEEF DIP 14

Shaved roast beef in a baguette, served with real house made beef jus for dipping.

SANDWICHES & SALAD

If it's a quick, simply meal you are after, these are the perfect choices for you. Made with the best quality meat and eggs raised right here on the ranch, organic vegetables and dressings and artisan sourdough bread.

ROAST BEEF SANDWICH 11

Roast beef piled on buttered artisan sourdough bread with assorted veggies and pickles.

Add a side, 4

EGG SALAD SANDWICH 9

Our fresh eggs presented in a rich egg salad with all organic ingredients, served on buttered artisan sourdough bread.

Add a side, 4

VEGGIE SANDWICH 10

Assorted fresh vegetables and organic cheese served on buttered artisan sourdough bread.

Add a side, 4

CAESAR SALAD 11

Organic romaine lettuce, house baked croutons, shaved parmesan tossed with Ben's fantastic house made caesar salad dressing.

Add a side, 4

HOUSE SALAD 11

Organic greens, assorted shredded vegetables, toasted seeds in a delicate vinaigrette.

Add a side, 4

SIDES

4

FRENCH FRIES

DEEP FRIED CHICKPEAS

SIDE SOUP

SIDE SALAD

BAKED BEANS

HOUSE MADE BONE BROTH

GLUTEN FREE SEED BREAD

WOOD FIRE PIZZE

While they are only available Friday through Sunday, our wood fire pizze are worth the trip. They are a meal alone or perfect to share when you add a couple sides to go with them.

MEATLOVERS PIZZA

17

Hand stretched pizza crust topped with house made marinara sauce, an assortment of meats, mozzarella cheese and chilli flakes.

HAWAIIAN PIZZA

17

Hand stretched pizza crust topped with house made marinara sauce, nitrate free ham made right here at Chilcotin Harvest and mozzarella cheese.

STEAKHOUSE PIZZA

22

Hand stretched pizza crust topped with house made marinara sauce, sliced garlic, pesto and mozzarella; this is all topped with a beautifully steak sliced and doused in herb butter. *Ask your server about the steak we are using today!

VEGETARIAN PIZZA

17

Hand stretched pizza crust topped with house made marinara sauce, an assortment of vegetables, mozzarella cheese and chilli flakes.

KIDS MENU

SCHNITZEL & FRIES

7

Pork cutlet breaded and fried to crisp perfection, served with house made tartar sauce and fries.

GRILLED CHEESE & FRIES

7

Artisan sandwich bread, buttered and grilled, organic grassfed cheese, served with fries. Yellow mustard and pickles if desired.

HOT DOG & FRIES

7

Beef & Pork wiener made right here on the ranch, 100% meat no fillers, no nitrates. Grilled and served on an organic brioche hot dog bun. Yellow mustard, pickles and ketchup if desired. Fries on the side.

BURGER & FRIES

10

Quarter pound beef patty on a buttered brioche bun with organic cheese. Side of fries.

A LITTLE ABOUT KOMBUCHA

Kombucha is a pro-biotic beverage containing millions of live aerobic and anaerobic microorganisms per serving. It is made using an ancient culture which is added to tea and herbal infusions sweetened with organic cane sugar. We offer a house-made kombucha, it is refreshing and delicious!

LACTO FERMENTED VEGETABLES

We include traditional live fermented foods in our menu for added flavour and nutrition. Lacto-fermented vegetables and sauerkrauts are very beneficial to digestion and metabolism. We use various organic vegetables, herbs, spices, and unrefined salt in the making of our ferments.

VISIT OUR STORE WHILE YOU WAIT FOR YOUR MEAL!

You will find Pasture to Plate meats and charcuterie, certified organic groceries, woolen socks and blankets from our Merino sheep, Ice Breaker clothing, books, beeswax candles, and many treasures right here in our shop.

WANT TO STAY LONGER? WE HAVE RENTALS!

We have beautiful rental rooms, chalets, and houses for the night or extended stays here, or at the home ranch 15 minutes away. The handsome timber framed River House and three beautiful cottages, built in the same style, are for rent.